**Fitnessgram Testing**

Dear Parent (s)/Guardian(s),

Students enrolled in physical education have started practicing and testing for the state mandated Fitnessgram assessment program. Results of the assessment will only be available to the physical education teacher and parent/guardian. Height and weight are used to determine a Body Mass Index (BMI). If you **DO NOT** want your child’s height and weight to be placed on their Fitnessgram results, please sign and return the form below.

Sincerely,

Principal Ms. Seidman

I choose for my child’s height and weight to be left blank.

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Parent/Guardian Signature Date

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Student Name Period Return By